

# Pioneer progress, one year on

### **West Norfolk Alliance**





## **Patient-focused ambitions**

### Our Alliance Plan is all about achieving:

 Sustainable, coordinated services with patients in control

### Principles:

- Independence, choice and quality
- One assessment, one plan
- No organisational boundaries
- Shared information and decisions



### A case study of care of an individual ... before ...

**West Norfolk Clinical Commissioning Group** 

CARE PLANNING
Lack of timely,
proactive care
planning, leading to
un-coordinated care

STAFF
Multiple visits from several staff from different organisations

#### **PATIENT**

ASSESSMENT Multiple assessments, duplicating information requested Elderly patient with multiple co-morbidities living with husband of similar ill-health in rural West Norfolk. Patient had a recent hospital admission for treatment of COPD exacerbation. In hospital the patient became disorientated and was assessed and diagnosed with dementia. Discharge from hospital was complicated by an infected leg ulcer with a need for daily dressings. At home the patient had 9 different people visiting for health and social care. The patient and her husband feel anxious and unsupported.

RESOURCES
Duplication of
resources via
organisational and
care replication

TIMELINESS
Lack of timely,
proactive care to
meet individual need
and support health
and wellbeing

COMMUNICATION

Lack of

communication and

coordination

between health and

care professionals



### A case study of care of an individual ... in the future ...

**West Norfolk Clinical Commissioning Group** 

CARE PLANNING
Proactive care
planning, with full
engagement of the
patient and her
husband

STAFF Named key worker responsible for coordinating care

#### **PATIENT**

Elderly patient, with multiple co-morbidities living with husband of similar ill-health in rural West Norfolk. Patient is well supported in the community by her GP and community matron. During an unavoidable admission to hospital the patient received care and support from a community key worker to arrange timely discharge from hospital, with the right support at home. Throughout their care the patient and her husband remain involved, well supported and feel safe.

RESOURCES
Remove perverse
incentives, resources
aligned to person's
needs

ASSESSMENT Tell the story once, leading to a single, holistic assessment

TIMELINESS
Timely care,
supporting the
patient to remain
healthy and safe,
preventing avoidable
crises

COMMUNICATION
Safe sharing of
relevant information
between agencies



### A case study of care of an individual ... progress so far ...

**West Norfolk Clinical Commissioning Group** 

TELE-MEDICINE
'Airedale 'remote
monitoring for 4 care
homes

STAFF
Developing crossorganisational
nursing bank and
honorary contracts

ASSESSMENT
Work progressing for a single, holistic assessment

#### **RESOURCES**

CEO's exploring new contracting and finance models

JOINED UP WORKING Frail elderly unit will be at hospital and community 'hub' with geriatrician

outreach

CARE NAVIGATOR
Will be key-worker,
coordinating all
agencies providing
care

#### **PATIENT**

Elderly patient, with Diabetes & COPD living with husband with similar health issues in rural West Norfolk. Patient is well supported in the community by her GP and community matron. During an unavoidable admission to hospital a tracker nurse from the Virtual Ward visits the patient to arrange discharge from hospital, with the right support at home. 6 days intensive community care facilitated early discharge, followed by a 6 week free re-ablement package

CARE PLANNING Eclipse Live creates facility to create and share care plan

COMMUNICATION Smartcard set up to transfer data from primary care

TIMELINESS
Preventative care
with 'Lily ' providing
information ,
ambassadors and
signposting

APPROPRIATE
PLACE OF CARE
Ambulance staff and
A&E will log-on to
Smartcard and avoid
admissions



## **Next steps**

- Pioneer network resources and framework for sharing best practice & disseminating results
- Integration as a solution to the sustainability problems in a small rural health economy with a District General Hospital in Special Measures
- Implementing new contracting agreements with providers incorporating shared values, aligned goals and creative workforce development across partners



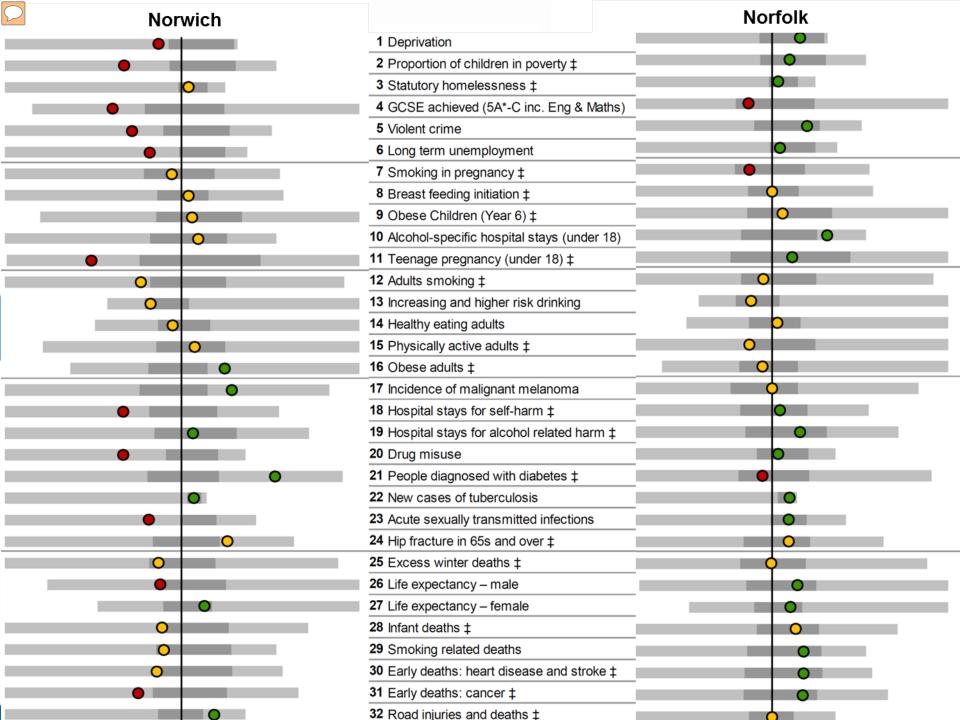
Norwich Clinical Commissioning Group

# Integrated Care 'Your Norwich'



### **Partner Organisations**

- NHS Norwich Clinical Commissioning Group
- Norfolk Community Health & Care
- Norfolk County Council
- Norfolk & Norwich University Hospital NHSFT
- Norfolk & Suffolk FT (Mental Health)
- Norwich City Council
- Broadland District Council
- East of England Ambulance Service
- Norfolk Older Peoples Strategic Partnership
- Age UK Norwich



## Principles for a New Model



### **Norwich Clinical Commissioning Group**

Supporting older people to be well, independent and at home, through an integrated model of community health and social care

Designed in partnerships with patients, families, and the wider community

Built to sustain the key components of the Norwich health system and enable rational partnership for change



## YourNorwich



### \* Primary Care Localities (50,000 pts)

- \* General Practice Cooperation & Shared Services
- \* Community Nursing & Therapy
- \* Community Mental Health
- \* Social Care & Care Coordination

### Whole City Services

- \* Intermediate Care Model
- Community Based Specialists
- \* Rapid Community Response

#### Norwich Clinical Commissioning Group

- Community Assets
  - Education & Training
  - \* Self-Care Planning
  - \* Connecting Community Support with Users
  - \* VCS Services 'Pre-Primary Pathway'
- \* Technology
  - \* Risk Stratification
  - Cloud Based Care Planning
  - \* Communication Technology
  - \* Assistive Technology



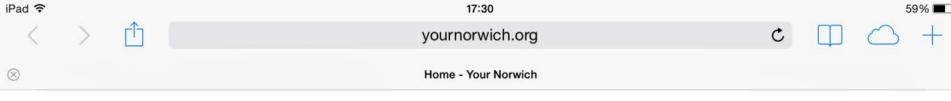
# Phase 1 (Q1 & Q2 14/15)



**Norwich Clinical Commissioning Group** 

- 1. Risk Stratification
- 2. Norwich 'Health Cloud'
- 3. 'YourNorwich' Voluntary Services Directory
- 4. Community Rapid Response Service
- 5. Remodelling Intermediate Care System
- 6. Community Services for End of Life Care





### Your Norwich - voluntary service directory



